



# Your Employee Assistance Program:

## More than just counseling

PG&E's Employee Assistance Program (EAP) offers financial, legal and counseling services at no cost to you and your family members:

- 30-minute consultation with a certified financial advisor or attorney
- Six visits every six months with a licensed counselor
- Interactive online tools and resources available from work or home
- Referrals for alcohol and substance use disorder treatment available

### It's easy to access the EAP

#### Over the Phone

Call **1-888-445-4436**, 24 hours a day, 7 days a week to speak with an EAP representative who can connect you to the right resource.

#### In person

Make an appointment to see an EAP Counselor, free-of-charge, in private practice or on-site at PG&E. For the list of EAP Onsite Counselors, go to [mypgbenefits.com/emotional-eap.shtml](http://mypgbenefits.com/emotional-eap.shtml)

#### On the Web

Visit [achievesolutions.net/pg](http://achievesolutions.net/pg) today.



**EAP Hotline: 1-888-445-4436 24 hours, 7 days**  
Professional Counseling and Personal Solutions

When you or your family member participates in any service provided by the EAP, involvement is treated confidentially in accordance with all state and federal laws and company policy. For further information on PG&E's policy regarding the use of prohibited drugs, please refer to the Employee Code of Conduct

(<http://pgweb> > PG&E@Work > Code of Conduct) and the Drug-Free Misuse and Prevention Plan ([mypgbenefits.com/supporting\\_Employees\\_emotional-health-dot.shtml](http://mypgbenefits.com/supporting_Employees_emotional-health-dot.shtml)).

