



**This is only a summary.** If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at [www.my.kp.org/ca/pge](http://www.my.kp.org/ca/pge); in the *Summary of Benefits Handbook* at [spd.mypgebenefits.com](http://spd.mypgebenefits.com); or by calling Northern California 1-800-663-1771, Southern California 1-800-533-1833.

Important Questions	Answers	Why this Matters:
What is the overall <b>deductible</b> ?	\$0	See the chart starting on page 2 for your costs for services this plan covers.
Are there other <b>deductibles</b> for specific services?	No	You don't have to meet <b>deductibles</b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an <b>out-of-pocket limit</b> on my expenses?	Yes <b>\$1,500</b> person / <b>\$3,000</b> family	The <b>out-of-pocket limit</b> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <b>out-of-pocket limit</b> ?	Premiums, payments for health care this plan doesn't cover and other services outlined in plan documents	Even though you pay these expenses, they don't count toward the <b>out-of-pocket limit</b> .
Is there an overall annual limit on what the plan pays?	No	The chart starting on page 2 describes any limits on what the plan will pay for specific covered services, such as office visits.
Does this plan use a <b>network of providers</b> ?	Yes. For a list of preferred providers, see <a href="http://www.my.kp.org/ca/pge">www.my.kp.org/ca/pge</a> or call Northern California 1-800-663-1771 Southern California 1-800-533-1833	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. Plans use the term in-network, preferred, or participating for <b>providers</b> in their <b>network</b> . See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .
Do I need a referral to see a <b>specialist</b> ?	Yes	This plan will pay some or all of the costs to see a <b>specialist</b> for covered services but only if you have the plan's permission before you see the <b>specialist</b> .
Are there services this plan doesn't cover?	Yes	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <b>excluded services</b> .

- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percentage of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If an out-of-network **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use **plan providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost if You Use an In-Network Provider	Your Cost if You Use an Out-of-Network Provider	Limitations & Exceptions
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$10 copayment	Not covered	_____none_____
	Specialist visit	\$10 copayment	Not covered	_____none_____
	Other practitioner office visit	\$10 copayment	Not covered	<b>Chiropractic visits:</b> Self-referral allowed; no preauthorization needed <b>Acupuncture visits:</b> Referral required from a Kaiser physician
	Preventive care/screening/immunization	\$0	Not covered	_____none_____
If you have a test	Diagnostic test (X-ray, blood work)	\$0	Not covered	_____none_____
	Imaging (CT/PET scans, MRIs)	\$0	Not covered	_____none_____
If you need drugs to treat your illness or condition More information about <b>prescription drug coverage</b> is available at <a href="http://www.my.kp.org/ca/pge">www.my.kp.org/ca/pge</a>	Generic drugs	\$10 copayment	Not covered	Up to 100-day supply
	Preferred brand drugs	\$10 copayment	Not covered	Up to 100-day supply
	Non-preferred brand drugs	\$10 copayment	Not covered	Up to 100-day supply
	Specialty drugs	\$10 copayment	Not covered	Up to 100-day supply; 50% coinsurance for drugs for treatment of infertility and sexual dysfunction; memory enhancement drugs not covered

**Questions:** Call Northern California 1-800-663-1771, Southern California 1-800-533-1833 or visit us at [www.my.kp.org/ca/pge](http://www.my.kp.org/ca/pge).

If you aren't clear about any of the underlined terms used in this form, see the glossary at [ccio.cms.gov/resources/other/index.html#sbcug](http://ccio.cms.gov/resources/other/index.html#sbcug).

Common Medical Event	Services You May Need	Your Cost if You Use an In-Network Provider	Your Cost if You Use an Out-of-Network Provider	Limitations & Exceptions
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$0	Not covered	_____none_____
	Physician/surgeon fees			_____none_____
If you need immediate medical attention	Emergency room services	\$25 copayment / visit		_____none_____
	Emergency medical transportation	\$0 copayment / trip		_____none_____
	Urgent care	\$10 copayment / visit		_____none_____
If you have a hospital stay	Facility fee (e.g., hospital room)	\$0	Not covered	_____none_____
	Physician/surgeon fee			_____none_____
If you have mental health, behavioral health, or substance abuse needs	Mental/behavioral health outpatient services	\$10/ individual visit \$5/group visit	Not covered	_____none_____
	Mental/behavioral health inpatient services	\$0	Not covered	_____none_____
	Substance use disorder outpatient services	\$10/ individual visit \$5/group visit	Not covered	_____none_____
	Substance use disorder inpatient services	\$0	Not covered	May use Beacon Health Options or Kaiser for detoxification. All other residential inpatient treatment is available through Beacon Health Options network only, not Kaiser. All Beacon Health Options treatment—including residential inpatient treatment—requires preauthorization; \$300 penalty if you fail to notify Beacon Health Options within 48 hours; no limit on number of stays.

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Common Medical Event	Services You May Need	Your Cost if You Use an In-Network Provider	Your Cost if You Use an Out-of-Network Provider	Limitations & Exceptions
If you are pregnant	Prenatal and postnatal care	\$0	Not covered	—————none—————
	Delivery and all inpatient services	\$0	Not covered	—————none—————
If you need help recovering or have other special health needs	Home health care	\$0	Not covered	3 visits per day; 100 visits per calendar year
	Rehabilitation services	\$10 copayment	Not covered	—————none—————
	Habilitation services	\$10 copayment	Not covered	—————none—————
	Skilled nursing care	\$0	Not covered	100 days per benefit period
	Durable medical equipment (DME)	\$0	Not covered	Must be in accordance with Kaiser’s DME formulary guidelines. Formulary includes state mandated items and diabetic supplies.
	Hospice service	\$0	Not covered	—————none—————
If your child needs dental or eye care	Eye exam	\$10 copayment	Not covered	—————none—————
	Glasses	Not covered	Not covered	—————none—————
	Dental check-up	Not covered	Not covered	—————none—————

**Excluded Services & Other Covered Services:**

**Services Your Plan Does NOT Cover** (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Cosmetic surgery
- Dental care (Adult)
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private-duty nursing
- Routine eye care (Adult)
- Routine foot care
- Weight loss programs

**Other Covered Services** (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture
- Bariatric surgery
- Chiropractic care
- Hearing aids (1 per ear every 3 years)
- Infertility treatment

## Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, federal and state laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan: Northern California **1-800-663-1771**; Southern California **1-800-533-1833**. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at **1-866-444-3272** or [www.dol.gov/ebsa](http://www.dol.gov/ebsa), or the U.S. Department of Health and Human Services at **1-877-267-2323 x61565** or [www.cciio.cms.gov](http://www.cciio.cms.gov)

## Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

### Medical appeals:

Kaiser Permanente Insurance Company—Appeals  
3701 Boardman-Canfield Road  
Canfield, OH 44406  
Northern California: 1-800-663-1771  
Southern California: 1-800-533-1833  
Fax: 1-614-212-7110  
[www.mykp.org/ca/pge](http://www.mykp.org/ca/pge)

### Pharmacy related appeals:

Kaiser Permanente  
Attn: SFAS National Self Funding  
3840 Murphy Canyon Road  
San Diego, CA 92123  
Northern California: 1-800-663-1771  
Southern California: 1-800-533-1833  
Fax: 1-858-614-7912  
[www.mykp.org/ca/pge](http://www.mykp.org/ca/pge)

You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or [www.dol.gov/ebsa/healthreform](http://www.dol.gov/ebsa/healthreform).

## Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

## Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

## Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-778-0616.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-278-3296.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-757-7585.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-278-3296.

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*To see examples of how this plan might cover costs for a sample medical situation, see the next page.*

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## About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



### This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

### Having a baby (normal delivery)

- **Amount owed to providers:** \$7,540
- **Plan pays:** \$7,520
- **Patient pays:** \$20

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
<b>Total</b>	<b>\$7,540</b>

#### Patient pays:

Deductibles	\$0
Copays	\$20
Coinsurance	\$0
Limits or exclusions	\$0
<b>Total</b>	<b>\$20</b>

### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- **Amount owed to providers:** \$ 5,400
- **Plan pays:** \$4,900
- **Patient pays:** \$500

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
<b>Total</b>	<b>\$5,400</b>

#### Patient pays:

Deductibles	\$0
Copays	\$500
Coinsurance	\$0
Limits or exclusions	\$0
<b>Total</b>	<b>\$500</b>



## Questions and answers about the Coverage Examples:

### What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from in-network **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

### Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the **premium** you pay. Generally, the lower your **premium**, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.