

# Finding Adult Care

## How Work/Life Can Help



PG&E understands how challenging it can be when you are responsible for the care of an adult loved one. That's why we offer a Work/Life Program as a benefit within the EAP.

Your Work/Life Program can:

- Locate adult care experts in your area
- Help you find someone to assess your loved one's needs
- Locate community services
- Provide information on choosing a long-term care facility or nursing home
- Find a local caregiver support group
- Help you figure out how to manage financial issues and paying for care
- Guide you in finding state and federal benefits your loved one is eligible for
- Provide information on estate planning
- Advise and support you in discussing difficult topics such as living wills and end-of-life care
- Provide support, carry out research, and send referrals to meet all your caregiving needs
- And so much more



Your Work/Life Program is here to provide you with the support and resources you need whether you have a quick question or are facing a challenging issue. Call **888-445-4436** or visit **[www.achievesolutions.net/pg](http://www.achievesolutions.net/pg)** for FREE and CONFIDENTIAL help.